

The Nisqually Garden and Tribal Library are co-sponsoring
“Waste Less Food”
coming to
Nisqually Tribal Library- Thursday,
September 17th, 4—6pm

Keep your food—and money—out of the trash!



Wasting food has negative impacts for your family, the environment and for our communities.

American families throw out roughly 25% of the food they buy, 209–254 pounds of edible food each year. All that food costs the average family of four between \$1,300 and \$2,300 a year (\$130 - \$230 a month). Yet most people don't realize they waste that much.

In addition, wasted food is responsible for 14% of our greenhouse gases (25% of methane). A tremendous waste of natural resources accompanies the waste of food. For example, on a world-wide scale, it takes 2.5 billion acres of land to grow only the food that is wasted. In a time when one in six Americans don't know where their next meal will come from (1 in 5 kids) we can all do our part to waste less food. As a nation, 40% of the food we produce is wasted and could be redirected or used in more efficient ways.

The goal of the presentations is to share information about the negative impacts of wasting food, but also to provide tips, tricks, resources and ideas to help people to waste less food (and save more money) at home.

The website is www.wastelessfood.com , and a very active Fb page with close to 3,000 Thurston county residents engaged in the conversation about wasted food. That's at www.Facebook.com/WasteLessFood